

## **WOMEN'S WILDERNESS DISCOVERY Health Safety Guidelines during COVID19**

- Wash Hands often, or use hand sanitizer
- Avoid close contact – suggested 6' distancing whenever possible
- Cover your nose/mouth with a cloth face mask or bandana when near others
- Cover coughs/sneezes. Throw tissues & wash hands or use sanitizer
- Clean & disinfect frequently

This summer/fall 2020 we are limiting our JOIN-ON groups to 4 women + guide, allowing us to provide single-person tents for these campers. If you are a family, or long-time friends booking a trip with WWD, you may choose to share tents, as we typically do with our groups.

Remember that being outdoors is already the safest place you can be to relax and recreate. Social distancing is much easier here in the wilderness, whether paddling a canoe or portaging gear across land. But when enjoying downtown Ely, be respectful of others: PLEASE WEAR YOUR MASK at retail stores, and in restaurant settings as you're able.

### **At our Headquarters & Guesthouse in Ely, MN**

- Hand Sanitizer is provided in all buildings on our site in town.

When you check in with us **upon your arrival** the day before your trip, we will ask you to complete a brief health questionnaire per these COVID-19 times. We will also take your temperature with a touchless thermometer at this time, and also in the morning before departure to our entry point. Please come to Ely healthy! If you don't feel well before you leave home, don't take chances. Contact us right away!

**Orientation/Packing meetings** we request that you wear a mask. We'll hold the O/P meeting outdoors whenever possible, to allow for better social distancing. Crummy weather will send us indoors where we'll do our best, wearing masks, and being respectful of everyone's space.

By limiting group size this summer/fall, we are also **limiting the Guesthouse to 4 people**, unless you are a family unit, or close, long-time friends who feel comfortable with more people together regardless of COVID-19. Our single beds are 6' or more apart, with freshly laundered linens. You will share one bathroom, thoroughly cleaned & disinfected before your arrival, and stocked with freshly laundered towels. You will find disinfectant wipes, spray & paper towels for cleaning this space after your own use and before the next guest needs to use the bathroom. PLEASE WASH HANDS OFTEN. PLEASE WEAR A MASK WHEN YOU ARE IN SHARED SPACE.

The Kitchenette in the Guesthouse is also shared space. Use the products provided to disinfect this space, too. Be respectful of everyone. WEAR MASKS & WASH HANDS OFTEN.

### **Shuttle Van To & From Entry/Exit Points**

- Hand sanitizer & nitrile gloves will be provided in the van every trip. You must wear a mask!

Our van is thoroughly cleaned & disinfected before and after every trip with clients. With smaller groups this season we'll be able to separate passengers for best social distancing possible. If you are uncomfortable with being shuttled during COVID-19, please discuss with us in advance. It may be possible to drive your own vehicle to the entry point. However, many entry points are very remote, and some canoe trips exit by a different entry point, which would leave your vehicle in the wrong location. Not impossible, but far more time consuming to be able to retrieve your vehicle. We have a very safe, off-alley parking area at HQ where your vehicle will be secure. We also offer a locked safe in the office for small valuables.

### **As We Travel the Wilderness**

- Hand sanitizer is provided, but you are wise to bring a good supply of your own as well. Keep it handy.
- We provide each camper a personal-sized, biodegradable bar of RedBudSuds soap in a plastic mesh bag.
- Hand washing station is provided in camp. Use that bar of soap & wash hands often!

- Nitrile gloves will be available to help with cooking tasks, if you wish to wear them.

During the day, as we paddle and portage, you won't be required to wear a mask, but we do ask you to social distance the best you can. If that feels impossible at any time, put on your mask. We strongly suggest that you wear your mask or bandana in camp at the end of the day, or in the morning as we're packing up camp. Social distancing is pretty easy in camp, too. But if you are assisting a fellow camper with a task, or helping with cooking or dish washing tasks, wear your mask or bandana.

We will do our best to clean & disinfect canoes at the beginning and end of each day...gunnels in particular. This is the wilderness, and there are limits to what we can do.

NOW...take a deep breath...Remember that you are heading into one of the most stunning, pristine wilderness areas in America, and we want you to fully enjoy the experience. COVID-19 has thrown us some curves, but please know that we are committed to your safety at all times. Thanks for putting your trust in Women's Wilderness Discovery!